

Diamond State Intergroup of  
Overeaters Anonymous Presents

## 12 and 12 Day

Twelve and Twelve Day or Twelfth-Step-Within Day is held annually by the OA Fellowship on December 12. It is a day to focus on carrying the message of recovery to OA members who are in relapse or still suffering from compulsive eating.

### **Sunday December 12th at 3pm EST**

Join Zoom Meeting

<https://us02web.zoom.us/j/3620719419?pwd=OUJXS0U4TTVodERhUEptakoyaUNCQT09>

Meeting ID: 362 071 9419

Passcode: 12and12

or join by phone

+1 301 715 8592

Meeting ID: 362 071 9419

Passcode: 6825902

**Registration is not required, but please bring pen and paper.**

Overeaters Anonymous (OA) is a community of people who support each other in order to recover from compulsive eating and food behaviors. We welcome everyone who feels they have a problem with food.

### **QUESTIONS?**

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