

# Unity Day



# Workshops

February 22, 2025 • 10 am to 2:30 pm ET

“Always to extend the hand and heart of Overeaters Anonymous to all who share my compulsion; for this, I am responsible.”

## Workshop 1

Blending Our Promise and Traditions

## Workshop 2

Unity with Diversity

11:30 am ET

## Worldwide OA Promise

**PLEASE JOIN US even if you can't attend the workshops.**

OA around the world will recite the OA Promise at 11:30 am in their time zone.

## Bayhealth Hospital

100 Wellness Way

Milford, DE 19963

(conference room just off the cafeteria)

**BYO lunch or buy from the cafeteria**

Sponsored by the Diamond State Intergroup  
[oadelaware.org](http://oadelaware.org)

[Click here to join us on Zoom](https://us02web.zoom.us/j/2946912211?pwd=QWhmOUc0Zy9kUUsvYmpkRi9GTm1oUT09&omn=84048377667) - workshops & OA Promise - or copy & paste:  
<https://us02web.zoom.us/j/2946912211?pwd=QWhmOUc0Zy9kUUsvYmpkRi9GTm1oUT09&omn=84048377667>